



CHERYL A. PULLINS – Speaker and Business & Lifestyle Solutions Strategist

**A personal message from Cheryl A. Pullins
for Event and Meeting Planners**

Greetings!

Thank you for your interest in having me inspire your audience for improved results!

I recognize there are many speaker choices available for you to consider and I do not take the role of assisting you in making your event inspiring, engaging and empowering, for your audience, lightly.

My purpose and mission is to inspire and impact individuals so they can experience improved results. My journey started with a successfully progressive corporate Human Resources career where I was an integral part of a multi-billion dollar international company. This experience led to the start of my company that supports and empowers individuals in the areas of professional and personal development.

I am sensitive to what it takes to not only make a decision, but also what is necessary to plan a successfully memorable event – and the difference it makes when a speaker’s message, values and presentation are in alignment with the hosting organization’s mission, core values and goals. I have been invited all over the country to share with audiences because I respect the role of the meeting planner and I do everything I can to understand the needs of every audience I am invited to empower and engage.

Your audience will be inspired. They will receive instruction and takeaways which can be implemented for improved results that will be evident not only in higher work productivity, but in their personal lives, as well. You can be confident in knowing that as your speaker, I am invested in the success of your event and in the lives of your audience. I will show up to your event aware, alert and alive – ready to serve with passion and enthusiasm.

Thank you for your interest!

Great success,

Cheryl

Cheryl A. Pullins, CPC
Certified Professional Coach
Business & Lifestyle Solutions Strategist



CHERYL A. PULLINS

Inspiring you to define your own success

**SUCCESS DREAMS & GOALS
LIFESTYLE MANAGEMENT**

Audiences are saying...

“Great message and presentation!”

“I found your message both interesting and inspiring.”

“You were amazing and we were excited to see the number of participants who chose YOU as their favorite part of the event.”

Wanting your audience to experience a successful event is paramount for you, and when you book Cheryl they will be inspired, empowered and entertained. They will receive real life solutions which can be applied immediately for improved results in business and life.

Throughout the country, Cheryl has been evoking significant change when speaking to her audiences. Her engaging style combined with wit and candor as she shares her message of success has established her as a favorite among meeting planners.

When you need a message of inspiration that improves and provides results for personal and professional success, then Cheryl A. Pullins is your solution. She is authentic, entertaining and interactive while providing instruction, value and simple solutions which can be easily implemented, moving your audience towards real change.

Cheryl brings it all – high-energy, laughter, expertise and proven information that has transformational power in the lives of your audience and impacts how they work.

With an easy personality and professional demeanor, Cheryl will not only make your event successful, but will make you look awesome in front of your audience for having created a spectacular event or meeting.

Frequently Requested Topics

- ❖ The Balance Myth Exposed™
- ❖ Unleash the Life You Dream About: How to Remove, Overcome and Transform to Live a Life of Success
- ❖ Success Think: 7 Steps to Creating the Life You Desire and Living the Life Your Deserve
- ❖ SMART Emotions in the Workplace

And other titles customized for your meeting, event or theme

**To book Cheryl A. Pullins for your meeting or event or for more information
Call TODAY! 410-635-0001 or email bookings@iMentorWomen.com**



VictoriousLifestyle Solutions™

DEFINE YOUR OWN SUCCESS

CHERYL A. PULLINS – Speaker and Business & Lifestyle Solutions Strategist

Sample list of clients

Working Women of Tampa Bay
eWomen Network
The DIVA Network
High Hopes in High Heels
Victory to Glory Ministries International
WOAMTEC

Meeting Planner Frequently Asked Questions

Why hire Cheryl to speak to your audience? Cheryl's purpose and mission is to inspire and influence others to personal and professional success. She will study your organization, partner with decision-makers and customize solutions that are unique and relevant to your organization.

What makes Cheryl's presentations so empowering? Cheryl develops high-value content full of simple strategies that provide life-changing results. Her witty interactive style engages audiences from start to finish. She is real, relevant and speaks from the heart with passion and authenticity.

Does Cheryl do Breakout Sessions? Yes! Cheryl enjoys interacting with participants and is a master at providing strategies for growth in a very short period of time. When you book Cheryl as your keynote, she will provide one FREE breakout session.

What other value-added options does Cheryl provide? Because Cheryl is committed to continuing the learning experience she has created several books and audios. Cheryl will giveaway products during her presentation. Additionally, Cheryl enjoys interacting with participants and will be available for questions, networking, etc.

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Speaking Topics Descriptions

The Balance Myth Exposed™

There is no doubt that people today are living at a quicker pace with more responsibility than ever before. So how do you thrive professionally and personally while still making it all happen? Using practical information and simple solutions, Cheryl shows you how to thrive without being stressed or feeling overwhelmed.

Unleash the Life You Dream About: How to Remove, Overcome and Transform to Live a Life of Success

In recent years we all have heard a great deal about dreams and destiny, than we have heard in years past. People are becoming more interested in their purpose and why they are here, on earth. But the question is, what is stopping them from becoming who they were designed to become, and in turn unleashing the life they dream about? Using candor and personal experience, Cheryl shares with your audience strategies for removing fear, overcoming self-imposed limits and transforming their minds to live and define their own version of success.

Success Think: 7 Steps to Creating the Life You Desire and Living the Life You Deserve

Developing “success think” is the key to living a successful life. When your thoughts, words and actions are in alignment you have the ability to create a life that serves you, your dreams, your family and loved ones. During this interactive presentation participants will discover not only what they want their life to look like, but they will also identify some of the blind spots which can be hindering their progress. In this unique presentation, Cheryl will show your audience how to spend ten minutes each day discovering what they really want in their professional and personal life.

SMART Emotions in the Workplace

Everyone has emotions that are either deeply rooted within or worn on their sleeves, however what everyone is not equipped with the tools and methods for perceiving, assessing and managing their emotions and the emotions of others. This presentation explores the concept to the idea of being emotionally SMART, which has a direct impact on employee performance, customer feedback and overall productivity.